

Monthly T1D Connection List

Ask the Endo

[Register here](#) – The 3rd Tuesday of the month at 7:00 am CT

Is it three months before your next Endo appointment and you have a burning question? Hop onto our “Ask the Endo” virtual session! Each session is hosted by one of our amazing and informative endos who are available to answer your many questions. Dr. Saleh Adi is a semi-retired and former Director of the Madison Clinic for Pediatric Diabetes at UCSF Children’s Hospital, JDRF Board member, and co-founder of Tidepool. Dr. Marina Basina is a Clinical Professor of Medicine at Stanford University Medical Center’s Division of Endocrinology, Gerontology, and Metabolism. Whether you have a question on type 1 diabetes (T1D) technology, carb counting, or how to make sense of your CGM data, Dr. Adi and Dr. Basina are available to help answer your questions. Meet the T1D community while you learn about the latest in research, technology, and resources. Stay on for a full hour of learning, or just jump on for a short time. We look forward to seeing you there! This free event is for adults and families living with T1D.

Ask the Therapist

[Register here](#) – The 1st Wednesday of the month at 10:00 am CT

Are you a parent/caretaker of a child with type 1 diabetes (T1D), hoping to lower your family’s stress around diabetes and diabetes management? Hop onto our “Ask the Therapist” session with JoAnne Robb, MFT, mother of three children – two of whom live with T1D. JoAnne is a psychotherapist who also runs a coaching group for T1D parents and caretakers called Sweet Talk. Whether you are looking to gain perspective on your child’s diagnosis, get some thoughts on particular issues that you’re worrying about, or hear about how your challenges are similar to those of other parents with T1D kids, JoAnne will be available to answer your questions. Meet the community while you talk about how to stay balanced with diabetes in your life. Stay on for a full hour of learning, or just jump on for a short time. We look forward to seeing you there! This free event is for families living with T1D.

Teens Taking on T1D

[Register Here](#) – Last Tuesday of the month at 6:30 pm CT

The teenage years can be a tough time, and diabetes brings extra challenges. This monthly teen meetup group provides teens, ages 13-18, an opportunity to connect, share tips and make new friends.

E-Meet & Greet Newly Diagnosed Families

[Register here](#) – Every Wednesday at 6:00 pm CT

Are you a parent of a child new to T1D and looking to connect with others? Join your T1D community for a virtual meet-up, co-led by JDRF Outreach Volunteers. Outreach Volunteers are the true voice of experience and have been where you are right now. They live with or care for a loved one with T1D and are here to share their lessons learned since diagnosis. Come meet other parents in the T1D community – ask your questions, share your concerns, or join to just listen. RSVP for the Zoom link.

E-Meet & Greet For Adults Living with T1D

[Register Here](#) – June 15th – this event recurs on Wednesday, every 4 weeks

Are you looking to connect with the T1D community? Join us for a Virtual E-Meet & Greet! JDRF is committed to supporting you and offer you resources and a chance to connect. JDRF has planned a Wednesday weekly E-Meet & Greet series. Whether you've been living for years with T1D or just diagnosed, please join one of our hourly E-Meet & Greet virtual events for an opportunity to connect with others in the T1D community.

E-Meet & Greet For Parents/Caregivers of Children Living with T1D under the Age of 5

[Register here](#) – The 4th Wednesday of the month at 2:30 pm CT

Looking to connect with others in the T1D community? Join us for a free Virtual Meet & Greet! Whether your family has been living for years with T1D or just been diagnosed, please join our E-Meet & Greet virtual events for an opportunity to connect with others in the T1D community.

E-meet & Greet for Parents/Caregivers of children living with T1D ages 13-21

[Register Here](#) – The 2nd Wednesday of every month at 2:00 pm CT

Looking to connect with others in the T1D community? Join us for a free Virtual Meet & Greet! Whether your family has been living for years with T1D or just been diagnosed, please join our E-Meet & Greet virtual events for an opportunity to connect with others in the T1D community.

E meet & Greet for Parents/Caregivers of children living with T1D Ages 5-13

[Register Here](#) – The 1st Wednesday of every month at 2:00 pm CT

Looking to connect with others in the T1D community? Join us for a free Virtual Meet & Greet! Whether your family has been living for years with T1D or just been diagnosed, please join our E-Meet & Greet virtual events for an opportunity to connect with others in the T1D community.