

Behavioral Clinical Studies in Northern California

Study type	Age	Location/Sponsor	Study name and purpose	Basic inclusion criteria	Commitment/Benefit	Contact/More info.
Device/Behavior	3-17	Sacramento (2 visits)	COACH: Six month trial of CGM for people who have not used it before.	New to CGM	Six months of CGM. Dexcom and \$775 provided to patients.	Natalie Marlen, capitolcts@gmail.com or Dr. Prakasam 916-426 1902, prakasg@sutterhealth.org clinicaltrials.gov/ct2/show/NCT03340831
Device/Behavior	18-50	Stanford (online)	ONBOARD is for adults who are not currently using CGM (or using it but not consistently). The study provides 3 months of CGM supplies and testing out a behavioral intervention to see if it supports uptake and continued use of CGM (and the other benefits that can come along with that). The study is fully virtual.	Not yet using CGM or not using CGM consistently.	Participants will be put in groups either "ONBOARD" or "CGM-only". Those in ONBOARD will schedule 4 60-minute online sessions with study interventionist (every 2 weeks). A1C values, CGM usage data, and psychosocial data will be collected at baseline, 3-months (post-intervention), and 6- and 12-months.	onboardstudy@stanford.edu or Molly Tanenbaum, 650-725-3955 mollyt@stanford.edu , clinicaltrials.gov/ct2/show/NCT04672654
Diet / quality of life	11-17	Virtual study (George Washington University)	Low-calorie Sweeteners and Quality of Life: Studying the intake of foods and beverages containing certain sweeteners and quality of life	T1D ages 11-17	30 minute zoom meeting, \$30 compensation	e-mail: drinkT1d@email.gwu.edu
Body image	15-30	Stanford	Body Image: comparing two programs designed to improve body acceptance, reduce body image concerns, and reduce disordered eating behaviors	<ul style="list-style-type: none"> • T1D with body image concerns or disordered eating behaviors. • Female 	<p>Group 1: one hour online group meetings for six weeks</p> <p>Group 2: one hour videos for six weeks</p> <p>A few surveys/interviews over five months. Up to \$110 compensation.</p>	<p>info: diabetesbodyacceptanceproject.weebly.com</p> <p>email: diabetesbodyacceptance@stanford.edu.</p> <p>apply: https://redcap.link/thinterest</p>
Behavior	6 ms-18 yrs	Stanford	4T's study: 12-month clinical trial to see if increased contact with our team, technology use, frequent data review, and optional exercise modules can improve clinical outcomes.	Diagnosed within the last 31 days, and are currently being seen at Stanford Children's Hospital & Clinics.	Complete 6 surveys, wear CGM	Stanford4Tstudy@stanford.edu , (650)723-3383
Behavior	13-19	Stanford (online)	The Insul-In This Together Study: The study is a family-based intervention designed to support families with type 1 teens and improve family dynamics and T1d management.	T1D teen and parent available.	Weekly 30 min. sessions held over 6 consecutive weeks. Surveys to complete online before, during, and after the sessions. A1C and CGM data to be provided.	For more information: insulinthistgether@stanford.edu , 650-736-1517. Complete initial screening survey: herehttps://redcap.link/IITT
Behavior	18+	UCSF (online)	Online survey to measure patient's perceptions of the risks and benefits of islet cell transplants.	Experienced severe hypoglycemic events (requiring assistance/medical intervention)	30 minute Online survey. \$20 compensation.	Leslie Wilson, Leslie.Wilson@ucsf.edu , diabetespreference.ucsf.edu/study-information
Behavior	5-12	Stanford (online)	Eddii: Eddi is an app to motivate kids around diabetes management. The eddii app connects to your child's CGM and has in-app games and rewards set by the parent. This research seeks to understand the effects of gamification and rewards on diabetes management.	<ul style="list-style-type: none"> • Access to an IOS device • Dexcom CGM 	Participants will be asked to do the following: <ul style="list-style-type: none"> • Download the eddii app • Connect eddii to their child's CGM • Use the eddii app for 8 weeks • All study activities will take place remotely • Participants may be assigned to a control group 	<ul style="list-style-type: none"> • Farhaneh Ahmadi, PhD • study@eddihealth.com • +1 (646) 409-6447 • https://www.eddihealth.com/leafstudy