

# JACK'S STORY

Jack is your typical active 8 year old boy. He's extremely smart and talks non-stop and has trouble sitting still. He was diagnosed with ADHD in 2016 and recently started ADHD medication.

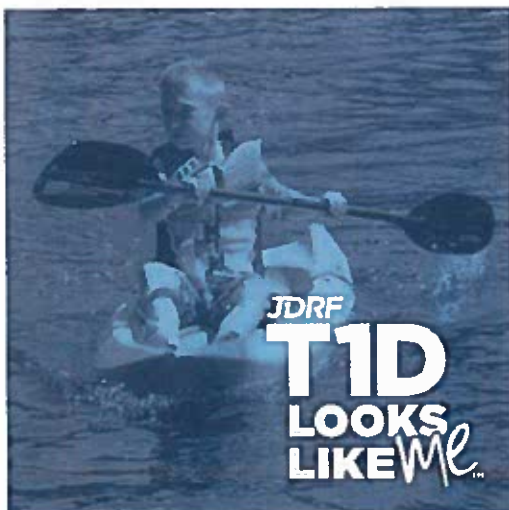
Before he was diagnosed with Type 1 Diabetes in April 2017, he was exhibiting symptoms that we thought were related to the ADHD medication. He was very thirsty and as a result, he peed a lot. Sometimes he would get headaches too. We noticed that he had lost weight and then he seemed to develop a stomach bug. After a few days it was getting worse and he looked thinner than ever. His skin was literally gray.

We took him to the emergency room and within minutes the doctor knew what was going on. He had sweet fruity breath, weight loss, excessive thirst, excessive urination and then a blood test confirmed it...

He was diagnosed with Type 1 Diabetes. They immediately transferred him to a children's hospital and over the next four days, we learned all about our new way of life.

When we left the hospital, we knew the road ahead was going to be bumpy. However, we never in our wildest dreams imagined our son would rise to the challenge with such amazing strength, courage and determination.

Jack is an inspiration to us and everyone around him.



**JDRF**  
**T1D**  
**LOOKS**  
**LIKE ME**

<b>240</b>		DAYS LIVING WITH T1D
<b>137</b>		HOURS SLEEP LOST
<b>1,075</b>		FINGER PRICKS
<b>1,680</b>		INSULIN NEEDLE INJECTIONS

Jack's  
T1D Footprint

WITH T1D, THE NUMBERS ADD UP

Join me and JDRF on our journey to create a world without T1D, ending its impact on millions.

[jdrf.org/T1DLooksLikeMe](http://jdrf.org/T1DLooksLikeMe)


My son Jack has Type 1 Diabetes and Jack's Hope in a Box is a project he created to help newly diagnosed kids with Type 1 Diabetes. He was diagnosed in April 2017 and since then he has been an inspiration. He is so strong and brave and now he wants to help other kids just like him.




The items on this list will help him create boxes for children in the hospital with Type 1 Diabetes, to bring a smile to their faces and perhaps ease their pain. Jack selected these items because they were things he felt helped him, as well as some things he wished he had when he was first diagnosed.

Jack has learned that approximately two children are diagnosed each week at Goryeb Children's Hospital, so his goal was to create and donate 100 of these boxes – and HE DID IT in November 2017 thanks to some amazing sponsors who donated the supplies. Now he is working on his next 100 boxes! If you want to help him, simply purchase an item through his Amazon Wish List and have it shipped directly to Jack. Once he has all of the items for a box, he will put a personal note in each box and deliver them to the hospital to be distributed throughout the year as children are admitted. Please consider helping Jack achieve his goal to help other kids just like him.

Please note that when the items ship to us we can't tell who they came from, so if you would like Jack to know you sent something, please email us to let us know at [jackshopeinabox@yahoo.com](mailto:jackshopeinabox@yahoo.com).





Jack was terrified of getting shots... Until we discovered this Shot Blocker! It helped him and now he wants it to help other kids like him!




Type 1 Diabetes can be life threatening, so it's important to wear a medical ID bracelet. Jack's first bracelet was just like this one!

Jack wants each child to have a special soft friend to hug when they are scared.



Stress balls are a great way to express frustration or to brace yourself during insulin injections!

Just like the mythical magical creature, a perfect 100 blood sugar reading is referred to as a unicorn!



Jack LOVES fidget spinners. He thought these would be a nice distraction while in the hospital.

## HOW CAN YOU HELP?

Visit Jack's Amazon Wish List at <http://a.co/dOMI4GJ>

Or go to [www.amazon.com](http://www.amazon.com) and go to Find a List or Registry and enter Jack Stack-Hope Box or [jackshopeinabox@yahoo.com](mailto:jackshopeinabox@yahoo.com)