

September, 2017

Dear Prospective JDRF Youth Ambassador:

I am writing to invite you to participate in the 2017-2018 JDRF Youth Ambassador (YA) Program. This group is made up of children with type 1 diabetes (T1D), between the ages of 6 and 20, who are interested in becoming involved with the educational and volunteer efforts of the JDRF New Jersey Metro & Rockland County Chapter.

The responsibilities of this group include raising awareness to our community while giving volunteer hours to JDRF to support its mission to decrease the burden of T1D until we achieve a world where type one becomes type none. Enclosed you will find a list of the ways in which this program will provide these volunteer opportunities. In addition to these responsibilities, the JDRF YA Program provides members with several ways to socialize with other members to promote friendship, support of each other, and good times!

Every year JDRF strives to integrate resources that make the Outreach Program stronger and more beneficial to its participants. Our goal for YA Program participants is to feel ownership and pride in their group and work furthering the JDRF mission through their involvement. We have a number of opportunities to stay engaged throughout the term. These opportunities range from participating in JDRF fundraising events and representing JDRF in the community to attending YA activities where you will be surrounded by individuals with similar philanthropic principles and the hope to one day cure T1D and its complications through the support of research.

We hope you will choose to participate in the JDRF YA Program this year. You have the ability to spread diabetes awareness and help JDRF in many ways that only you can. We need your voice, your participation, and your leadership. Enclosed you will find a sheet expanding on the responsibilities that you will be asked to fulfill, as well as, a JDRF YA Program application form. **Please return your completed forms no later than Friday, October 27, 2017.**

Please complete the form and send it back one of three ways:

E-mail: [ksimpson@jdrf.org](mailto:ksimpson@jdrf.org) | Fax: 732-219-8722

Mail: 1480 US Highway 9 North, Suite 306, Woodbridge, NJ 07095

On behalf of JDRF, I am looking forward to working with you. Together, we can make a difference.

Sincerely,

Kara Simpson  
Outreach Manager  
Mother of Emma, diagnosed at age 9

**JDRF New Jersey Metro & Rockland County Chapter**

1480 US Highway 9 North, Suite 306, Woodbridge, NJ 07095 | 732-219-6654 phone | 732-219-8722 fax

## REQUIREMENTS/OPPORTUNITIES

### Requirements

1. Have type 1 diabetes
2. Have a positive outlook on life with diabetes!
3. Be between 6 and 20 years of age
4. Commit to participating in the program for one full year (January – December 2018)
5. Complete at least 10 hours throughout the year in volunteer service at JDRF events and community outreach dealings
6. Make your best effort to attend 3 chapter events and/or activities
7. Obtain parental permission in writing to be a part of the YA Program
8. Provide a short personal statement (details provided on the application)
9. Arrange for transportation to and from JDRF responsibilities and social activities
10. Participate in at least one of these fundraising efforts:
  - Create your own Family Walk Team
  - Become a fundraising member on another Walk Team
  - Recruit your school for the Kids Walk Program
  - Procure a YA inspired auction item or package for the JDRF Gala

### Opportunities

Health Education of the Community/Volunteer Efforts for JDRF (Participation in some activities will be based on age appropriateness).

1. Provide health education to the local community through the YA Speakers Bureau:
  - Public speaking and presentations to schools, hospitals, companies, and organizations
  - Production of radio and TV PSAs
  - Health Fair participation
2. Represent JDRF at local third party events
3. Perform general public relations activities
4. Create thank you cards, awards, medallions, and other special gifts
5. Provide office assistance (assist with invitation mailings, etc.)
6. Participate in Gala activities including the Kids Art Project
7. Participate in One Walk and Kids Walk activities
8. Participate as a YA Buddy at the TypeOneNation Summit
9. Make calls to JDRF donors and sponsors to thank them for their support
10. Adopt a National Sponsor Store (Stop & Shop, Marshalls, Auto Zone, etc.)
  - Visit the store during their fundraising campaign week to say thank you
  - Send a photo to the chapter documenting your visit

## **SPEAKERS BUREAU**

We are looking for YAs who love to educate others about JDRF, life with T1D, and are willing to speak in front of a group of current and prospective donors. YA Speakers Bureau members will help increase JDRF's fundraising goals through presentations and speaking engagements that motivate members of our local community to become involved and give generously to our organization.

There will be opportunities throughout the year for YA members to share their story of living with T1D at community events, school assemblies, in front of corporations, and in TV and radio interviews. Coaching will be provided to all who would like to be a part of the Speakers Bureau. JDRF will provide you with speaking points and at times a script that will help prepare you for each speaking engagement. We will also provide you with facts and information regarding JDRF and T1D as well as helpful tips and exercises to strengthen your public speaking skills which will help prepare you for presenting in front of audiences large and small as well as in front of television cameras.

These opportunities will be offered to all Speaker Bureau participants and we will do our best to ensure that each speaker is called on at least once a term. Please be aware that some speaking occasions could be during school hours.

### **Requirements:**

- Must be at least 10 years old
- Must be able to proficiently read and write
- Must be able to answer general questions about the mission of JDRF and your experience of living with T1D

## **YA Buddies at TypeOneNation Summit**

The YA Buddies concept is simple; YA members help other kids who have been diagnosed with T1D. The TypeOneNation Kids Zone provides an opportunity for kids with T1D and their siblings to spend the day with kids just like them. YA members will have the opportunity to meet newly diagnosed kids and welcome them into the T1D community. YA members will greet parents and kids as they arrive at Kids Zone. You will be able to share your story and tell them about your experiences participating in JDRF events and activities. You will also help the kids engage with other children at the event.

After they see how much fun they can have being involved they will surely want to join JDRF's effort to turn type one into type none, but regardless, you will be providing them with support and encouragement. You can make a difference in someone's life just by letting them know that they are not alone in living with T1D.

## CHAPTER EVENTS AND SOCIAL ACTIVITIES

### Scheduled JDRF Events

1. Youth Ambassador Kick-Off: Saturday, November 18, 2017 (tentative date)
2. Annual One Walks:
  - Avon-by-the-Sea: Saturday, October 8, 2017\*
  - Morris County: Sunday, October 15, 2017\*
  - Rockland County: Sunday, October 15, 2017\*
  - Liberty State Park: Saturday, October 21, 2017\*
  - Ridgefield Park: Sunday, October 22, 2017\*
  - Rutgers University: Sunday, October 22, 2017\*
3. TypeOneNation Summit: Saturday, March 3, 2018
4. Annual Kids Art Project: TBD
5. Youth Ambassador Social: Saturday in February 2018
6. Research Update: TBD
7. Youth Ambassador Gala Orientation: Saturday in April 2018
8. JDRF Galas – Saturday May 12 or May 19, 2018
9. Youth Ambassador End of the Year Soirée: Saturday in December 2018
10. Mission Update: TBD

\*You may represent yourself as a YA for these walks prior to the program kickoff

### Annual JDRF Third Party Events

1. Vineyard Vines Shopping Event: Friday, November 17, 5-8pm (3 locations)
2. Hi-Mar New Family Fishing Event: July/August 2018
3. Additional Events TBA

**Please note: JDRF will be scheduling additional events and activities throughout the YA term. We will communicate details about the events listed above and future events and outings via email.**

**JDRF YOUTH AMBASSADOR PROGRAM  
2017-2018 APPLICATION**

Child's Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Birthday \_\_\_\_\_ Date Diagnosed \_\_\_\_\_

Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Child's Cell \_\_\_\_\_ Home Phone \_\_\_\_\_

Mother's Cell \_\_\_\_\_ Father's Cell \_\_\_\_\_

Mother's Email Address \_\_\_\_\_

Father's Email Address \_\_\_\_\_

Child's Email address \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_ Relation \_\_\_\_\_

Food Allergies/Dual Diagnosis – Please specify \_\_\_\_\_

I am interested in: \_\_\_\_\_ joining the Speakers Bureau \_\_\_\_\_ being a YA Buddy

Do you currently have a JDRF One Walk Team: Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please tell us your team name \_\_\_\_\_

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Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

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Youth Ambassador Signature \_\_\_\_\_ Date \_\_\_\_\_

By signing this form you are giving your child permission to participate in the Youth Ambassador Program for the 2018 calendar year.

**Please return your application by any of the following methods by Friday, October 27, 2017:**

JDRF Fax: 732-219-8722 | Email: [ksimpson@jdrf.org](mailto:ksimpson@jdrf.org)  
1480 US Highway 9 North, Suite 306, Woodbridge, NJ 07095



**2017-2018**  
**VIDEO/PHOTOGRAPH RELEASE FORM**

I, \_\_\_\_\_ (please print) as the parent or guardian of  
\_\_\_\_\_ who is not of legal age, do hereby consent and  
authorize JDRF to use and reproduce the video and/or photographs taken of him or her and  
circulate same for promotion of JDRF events and purposes.

I further release JDRF from any and all claims of damages for libel, slander, invasion of the  
rights of privacy, or any other claims based on, arising from, or connected with the use of said  
video and photographs. No representations have been made to me.

Signature of parent or guardian \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Date \_\_\_\_\_

## Code of Conduct

As a JDRF New Jersey Metro & Rockland County YA, you are valued and appreciated for your commitment to the organization. By accepting the title of a JDRF YA you understand that your behavior directly reflects upon JDRF’s reputation. Treating each other with respect, being punctual, a willingness to help and learn, a positive attitude and adherence to the volunteer conduct guidelines are all behaviors that are expected and encouraged.

**For this reason JDRF has listed the following expectations:**

1. Be courteous and respect the opinions of your peers, JDRF staff, donors and guests.
2. Absolutely NO verbal abuse of any kind will be tolerated.
3. Respect other’s personal space.
4. Personal listening devices are permitted on an event by event basis. The music must be appropriate for the group. Music listed as “parental advisory” or that have explicit content are not permitted.
5. Cell phones are allowed for CGM use and emergency communication with parents/guardians only.
6. Any damage incurred to property or possessions not belonging to you will be paid for by the individual or individuals who cause the damage.
7. YAs must stay in groups of two or more at all times and must notify a YA Leader of your whereabouts. No one is permitted to go anywhere without a YA Lead’s approval.
8. Punctuality is a high priority. Arrive 10-15 minutes prior to your scheduled time for all JDRF related activities, events, meetings you are scheduled to appear.
9. Be present at all socials and volunteer opportunities you commit to attend – more than two (2) no shows will constitute as your resignation from the YA Program.
10. Dress Code: we want everyone to dress sensibly and appropriately for the volunteer duty and activity to avoid injuries and exposure to the sun.
  - All clothing should be of appropriate length (at minimum fingertip length for shorts, skirts, and dresses).
  - No undergarments should be exposed (underwear and/or brassieres)
  - No t-shirts or shirts with inappropriate, controversial, and/or suggestive copy on them
  - No mid-drift tops

By signing below, I have read, understand, agree and will comply with the JDRF Youth Ambassador policies & procedures listed above.

Parent Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Youth Ambassador Signature: \_\_\_\_\_

Outreach Manager Signature: \_\_\_\_\_

Youth Ambassador Received Copy: \_\_\_\_\_ Date: \_\_\_\_\_