



JDRF  
24359 Northwestern Highway  
Suite 125  
Southfield, Michigan 48075

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
Permit No. 606  
Royal Oak, MI

Registration Deadline: 05.08.17

Register on-line ONLY: [www.michiganeast.jdrf.org](http://www.michiganeast.jdrf.org)  
Space is limited-Act Today!

Whether you are a family dealing with a new diagnosis, or an adult living with T1D for 50 years, you are assured to find value in this unique opportunity:

- Learn about the latest in diabetes care and treatment
- Hear about research advances and meet the experts
- Network with other families and medical suppliers
- Participate in discussions with peers and healthcare providers



Follow us at:  
[www.twitter.com/jdrf\\_semich](http://www.twitter.com/jdrf_semich) and join  
the conversation using #TypeOneNation

Premier Sponsors




## The 10th Annual





Register on-line today at [michiganeast.jdrf.org](http://michiganeast.jdrf.org). Space is limited!

Metro Detroit/Southeast  
Michigan Chapter

Wayne County Community College -  
Western Campus  
9555 Haggerty Road  
Belleville, Michigan 48111

**Saturday, May 13, 2017**  
**8:30am - 2:00pm**

Attendance is free of charge  
Easy driving distance from all of  
Michigan and Ohio

#### JDRF - GET INVOLVED!

Find out more about how you and your family can become involved with JDRF. Stop by our display table to gather information about fundraising programs, our extensive patient education and support activities, and research, or visit our chapter website at [michiganeast.jdrf.org](http://michiganeast.jdrf.org)

### Living with Diabetes: A Family Day of Inspiration, Hope, and Education

An educational and  
networking summit for  
persons living with type 1  
diabetes, their families, and  
the healthcare community

Local Presenting Sponsor



School of  
Continuing Education &  
Workforce Development

Wayne County Community College District



Together, we can improve lives along the way to a cure for type 1 diabetes (T1D)

## Living with Diabetes: A Family Day of Inspiration, Hope, and Education

JDRF is the leading global organization focused on type 1 diabetes (T1D) research. The goal of JDRF is to improve the lives of every person affected by T1D through accelerating progress on the most promising opportunities for curing, better treating, and preventing this disease. Since our founding in 1970, JDRF has awarded more than \$2 billion to T1D research which is driving tremendous scientific progress and technological advancements.

As a participant in this year's JDRF TypeOneNation Summit, you will hear from leading scientists and medical experts on leading edge research updates and latest treatment advances. We invite you visit with our industry partners to see the most up-to-date technology and tools dedicated to helping you live better, healthier lives with diabetes.

You won't find a more complete, comprehensive diabetes education program in the country than the JDRF TypeOneNation Summit. Join us, our conference planning committee, and our community partners on Saturday, May 13th, for a day of Inspiration, Hope, and Education. It takes a community to turn Type One into Type None!

Regards,

Shiri Levy, MD  
Conference Co-Chair  
Henry Ford Hospital  
Senior Staff Physician  
Service Chief, West Bloomfield Hospital  
Endocrinology, Metabolism, Bone and Mineral Disorders

Daniel Elsholz, MD  
Conference Co-Chair  
Pediatric Endocrinologist  
Sparrow Hospital

### REGISTRATION [michiganeast.jdrf.org](http://michiganeast.jdrf.org)

Registration is available online only and advance registration is required. Please register at [www.michiganeast.jdrf.org](http://www.michiganeast.jdrf.org). Unfortunately, we are unable to accept phone, mail, or fax registrations. Every person attending the Summit, Tot Town, JDRF Kids Camp, or JDRF Teen Central, must be listed on the registration form. Those not listed may be denied access to the Summit due to space constraints.

### LODGING

A block of rooms is being held at the Detroit Metro Airport Marriott, 30559 Flynn Drive, Romulus, Michigan at a reduced rate of \$95/night for a double or king. If you require lodging, please make your reservation on or before Friday, April 21, 2017. Reservations can be made by calling the Marriott at 1.800.228.9290 and mention you are with JDRF to receive the reduced rate.

#### PREMIER SPONSORS



#### NATIONAL SUPPORTING SPONSORS



#### EDUCATIONAL GRANTS

Cole Family Foundation  
Fannie Kraft Foundation  
Louise Tuller Miller Trust

*A portion of this program is underwritten by educational grants provided by community-minded corporations, foundations, and leading pharmaceutical companies.*

#### GOLD SPONSORS



#### SILVER SPONSORS



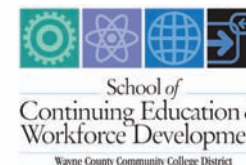
#### EXHIBITORS

BD Diabetes Care  
Beaumont Children's  
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Healthy Living Medical Supply  
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JDRF  
Lilly  
Medtronic Diabetes  
Myabetic  
Molina Healthcare

Novo Nordisk  
Roche Diagnostics  
Sanofi  
Solara Medical Supplies  
Tandem Diabetes Care  
Usborne Books  
Michigan Coordinating Body of AADE  
TrialNet Natural History Study  
University of Michigan

#### Thank you to our In-Kind Partners

Karen Maxwell-Smith  
Diabetic Life Video Magazine  
734.645.7462





## SUMMIT CO-CHAIRS

**Daniel Elsholz, MD**  
Conference Co-Chair  
Pediatric Endocrinologist  
Sparrow Hospital

**Shiri Levy, MD**  
Conference Co-Chair  
Henry Ford Hospital  
Senior Staff Physician  
Service Chief, West Bloomfield Hospital  
Endocrinology, Metabolism, Bone and Mineral Disorders

## PLANNING COMMITTEE

Jacalyn Bishop, MD  
Pediatric Endocrinology  
Endocrine Kids

Colleen Buggs-Saxton, MD, PhD  
Children's Hospital of Michigan  
Wayne State School of Medicine

Tyler Castor  
District Manager-MI  
Medtronic Diabetes

Simon Charles, III, Territory Business Manager,  
MI, Dexcom

Debbie Cicinelli-Timm, MSA, RD, CDE  
Pediatric Endocrinology, University of Michigan  
Health System

Bernard M. Degnan, MD  
Pediatric Endocrinology, St. John Providence  
Health System

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Assistant Professor of Pediatrics, Beaumont  
Children's Hospital

Christina Durkin, MSN, RN, CPNP-PC  
Nurse Practitioner, Diabetes Clinic, Children's  
Hospital of Michigan

Peter M. Gerrits, MD  
Section Head, Pediatric Endocrinology &  
Metabolism, Beaumont Children's Hospital

Kari Gesell  
Endocrinology Diabetes Specialist,  
Novo Nordisk Inc.

George Grunberger, MD, FACP, FACE  
Chairman, Grunberger Diabetes Institute,  
Bloomfield Hills, MI  
Clinical Professor, Internal Medicine and  
Molecular Medicine Genetics, Wayne State  
School of Medicine Professor, Internal Medicine,  
Oakland University William Beaumont School of  
Medicine

Jeff Hoomaian  
Territory Manager, Solara Medical Supplies

Meryl Krochmal, RD, CSP, CDE  
Pediatric Dietitian and Diabetes Educator,  
Endocrine Kids

Joyce Lee, MD, MPH  
Associate Professor, University of Michigan  
Medical School

Ram Menon, MD, MBBS  
Director, Pediatric Endocrinology, CS Mott  
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Medical School

Kathleen C. Moltz, MD, FAAP  
ProMedica Toledo Hospital

Sander J. Paul, MD  
Michigan Endocrine Consultants

Solomon I. Rosenblatt, MD  
Michigan Endocrine Consultants

Lowell Schmeltz, MD, FACE  
Associate Professor, Oakland University  
William Beaumont School of Medicine Chief of  
Endocrinology, DMC Huron Valley-Sinai Hospital  
President, American Diabetes Association of  
Southeast Michigan

Jessica Shill, MD  
Senior Staff Physician in Endocrinology, Henry  
Ford Health System

Kathy Smith  
Senior Endocrinology Diabetes Care Specialist,  
Novo Nordisk Inc.

Julie M. Surhigh, MD  
Pediatric Endocrinology, Beaumont Children's  
Hospital

Fred W. Whitehouse, MD, MACP  
Division Head Emeritus, Division of Endocrinology,  
Diabetes and Bone and Mineral Disorders, Henry  
Ford Health System

Michael A. Wood, MD  
Associate Professor of Pediatrics; Clinical Director  
of Pediatric Diabetes Program  
University of Michigan Medical School

Jennifer Wyckoff, MD  
University of Michigan Medical School

## Youth Programs: JDRF Tot Town, Kids Camp and Teen Central

Lia Benn  
JDRF Outreach Volunteer and Parent

Phyllis Perkins  
JDRF Outreach Volunteer and Parent

Amy Ohmer  
JDRF Outreach Volunteer and Parent

Jacqueline Luurtsema  
JDRF Outreach Volunteer and Parent

## JDRF Staff

Denise G. Pentescu  
Senior Outreach Manager

## AGENDA-AT-A-GLANCE

7:30am-8:30am Registration, Visit Exhibit Area

8:30am-9:30am Morning Keynote



### Good Morning T1D: Building a New Framework for Combination Therapy

*Dr. James R. Gavin III, MD, PhD; CEO and Chief Medical Officer, Healing Our Village, Inc., Clinical Professor of Medicine, Emory University School of Medicine & Indiana University School of Medicine, Past President, Morehouse School of Medicine, Atlanta, Georgia.*

Listen as Dr. Gavin brings an exciting perspective to non-insulin pharmacological management of patients with type 1 diabetes.

9:30am-10:00am Break, Visit Exhibit Area

10:00am-11:50am Concurrent Workshop Sessions A and B  
(see pages 4-5 for full selection)

12:00pm-1:00pm Lunch, Visit Exhibits

12:15pm-1:00pm Luncheon Keynote



### Let Laughter Lower Your Blood Sugar!

*Trisha Porretti; RN, BSN, CDE; Author and PWD, Diabetes Educator, PWD, and Author - The Sweet Blessing: My Adventures in Diabetes, Coral Springs, Florida*  
Enjoy lunch and listen as Trisha encourages and inspires us to focus on the positive diabetes outcomes that are achievable with education, acceptance, faith and humor! Trisha shares her optimistic message that laughter can lower our blood sugar!

1:00pm-1:50pm Afternoon Keynote



### What's Your Everest?

*Will Cross, Mountain climber and PWD*

Travel through a three-year journey to the top of Mount Everest and beyond. Will Cross seeks to get the message out that if he can control his diabetes in these conditions, no one should feel hindered by diabetes, and to find your explorer within.

**Sponsored by Tandem Diabetes Care**

1:50pm-2:00pm Closing Remarks

*Drawing for an iPad and an Apple Watch; courtesy of Solara Medical Supplies.*

**Note: you must be present to win.**

## YOUTH PROGRAM\*

### JDRF Tot Town (ages 0-4, with T1D only)

A special place for our T1D Littles, JDRF Tot Town is unique for the care and guidance that our trained medical professionals will provide. When appropriate, the Littles will be visiting Kids Camp to share in the festivities.

### JDRF Kids Camp (ages 5-12 and BFF or siblings) Medical Lead: Cassie Bunker, RN, BSN; Beaumont Children's

The theme for 2017 JDRF Kids Camp is Mad Scientist! Experience a day full of fun activities including science experiments from the Nutty Scientists, courtesy of Wayne County Community College-Western Campus, a visit from Miss Michigan USA, yo-yo mania, and our own Magic Man! Staffed with trained volunteers and health care professionals, the JDRF Kids Camp provides your child with joyful interaction with kids experiencing similar life challenges.

**Sponsored by Molina Healthcare**

### JDRF Teen Central (ages 13-19 and BFF or siblings) Medical Lead: Meryl Krochmal, RD, CSP, CDE; Endocrine Kids

Teens and T1D is more than "just" diabetes self-management. It's about having a support system, sharing experiences, empathizing with emotional challenges, and setting good examples. This program involves guest speakers and panel discussions; Minute-to-Win-it Games, photo booth, and special activities: Gamify with Nate Aschenbach, MSU "My TD1 Hero" Writers' Workshop, and Connect-the-Dots with Trisha Porretti.

\* The youth program is separate from the main agenda and runs 8:30am - 2:00pm



# WORKSHOP SESSIONS

10:00am-12:00pm CONCURRENT WORKSHOPS "A" and "B"

## Session A (Choose one) 10:00am - 10:50am

KEY	
Workshop Audience	
A =	Adult
G =	General
P =	Parent

G	<b>Advanced Insulin Pumping - Go beyond the Basics:</b> Gain knowledge in how to excel in using your insulin pump	Carla M. Ferrise, FNP-BC and Lowell Schmeltz, MD, FACE; Associated Endocrinologists P.C.
A	<b>The Science Behind Motivation and Ways to Make Healthier Choices:</b> In this session, relevant research related to intrinsic motivation and health will be presented, then strategies to help make healthy behavior changes will be discussed	Erin Tobin, PhD; Henry Ford Hospital
G	<b>Beaumont Children's Safe Sitter Class:</b> This class is intended to teach basic knowledge and hands on skills needed to care for children with T1D to grandparents, nannies, babysitters and other caregivers <i>*Runs two hours/must be pre-registered</i>	Julie M. Surhigh, MD; Beaumont Children's
A	<b>CGM (Continuous Glucose Monitor) for the Adult Patient:</b> More than just the numbers, it's about the prediction arrows, what they mean and using the evidence to help with decision making for safe diabetes therapy	Terra Cushman, RN, BSN, CDE; Henry Ford Hospital
P	<b>CGM (Continuous Glucose Monitor) for Parents and Caregivers:</b> Making sense of diabetes data for the pediatric patient	Michael A. Wood, MD; University of Michigan Medical School
P	<b>Family Dynamics: Using Mindfulness to Help Manage Diabetes: Tips and Techniques that may Help Reduce Stress and Burnout</b> – Learn how to use mindfulness, meditation, and self-compassion to reduce the stress of life with diabetes and lessen the feelings of burnout	Amy E. Graham; Doctoral Candidate in Clinical Psychology; Dual Title Infant Mental Health
G	<b>Pumping 101:</b> Introduction to Insulin Pumping - New to T1D and pumping? This class is for you!	Michael R. Brennan, DO, MS; Beaumont Endocrine Center
P	<b>T1D Teenagers = A Challenge!</b> - Helping Your Teen Manage T1D	Lisa M. Richards, MSN, CPNP-PC; Promedica Physicians Group
G	<b>Nutrition Beyond Carb Counting Nutrition is more than just carb counting:</b> Learn more about making healthy choices when it comes to proteins, fats, fiber, vitamins and minerals, and alcohol	Eileen Labadie MA, RD, CDE; Henry Ford Health System
G	<b>Quick &amp; Easy Meals at Home or Away:</b> Get tips and tricks on healthy snacks and packing yummy lunches	Ann Hoffman, RD, CDE, CSO; Covenant HealthCare
G	<b>T1D and Your Rights: School and the Workplace-</b> Understanding federal laws, discrimination, and reasonable accommodation	Jacinta Florek, LLMSW, MPH; University of Michigan, Mott Children's Hospital
G	<b>TrialNet – The Pathway to Prevention:</b> Hear how this unique screening can identify the early stages of T1D years before any symptoms appear. Visit TrialNet in the Exhibit Area for testing and more information.	Andrea Haddad, BS, CCRP; Clinical Subjects Coordinator, University of Michigan
G	<b>Do-It-Yourself Diabetes Technology:</b> A look at current and future open-source technology, born out of the Diabetes Community's frustration that new products are not being developed or approved fast enough. Because #WeAreNotWaiting	Mike Hoskins, PWD and Editor: DiabetesMine.com

10:50am-11:00am [Ten Minute Break to Change Rooms]

## Session B (Choose one) 11:00am - 11:50am

G	<b>Advanced Insulin Pumping:</b> Go beyond the basics-gain knowledge in how to excel in using your insulin pump.	Carla M. Ferrise, FNP-BC and Lowell Schmeltz, MD, FACE; Associated Endocrinologists P.C.
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P	<b>T1D Teenagers = A Challenge!</b> Helping Your Teen Manage T1D	Lisa M. Richards, MSN, CPNP-PC; Promedica Physicians Group
G	<b>Diabetes on Capitol Hill:</b> What are the hot topics trending in Washington – the ACA, CGM coverage, Americans with Disabilities Act, and the SDP	Howard Blank, MD; Associated Endocrinologists PC
G	<b>High Performance T1D:</b> A panel of T1D athletes will discuss their experiences managing diabetes while performing in high pressure, elite athletic environments	Elite T1D Athletes Tom Grossman, Runner/skier/cyclist and Will Cross, Mountain Climber
G	<b>INSULIN - New Friends and Old: A discussion of insulin: past, present, and future</b>	Matthew G. Hebdon, MD, PhD; Assistant Professor, Department of Medicine, College of Human Medicine, Michigan State University
A	<b>Ask the Expert:</b> A roundtable of T1D discussions for the adult patient and spouse/partner	Gary Rothenberg, DPM, CDE; University of Michigan; Thomas W Gardner MD, MS; University of Michigan Kellogg Eye Center; Wenche S. Borgnake DDS, MPH PhD; Department of Periodontics and Oral Medicine, University of Michigan School of Dentistry
P	<b>Taking T1D to School:</b> What you need to know about keeping our kids safe in school	Nanette Sabell, RPh, CDE, and Nancy Holloway, RN, BSN, CDE
G	<b>What is Your "Gut" Telling You?</b> Understanding the hypothesis behind gut microbes and T1D	William L. Hasler, MD; Professor, Internal Medicine, University of Michigan Medical School