



JDRF ONE WALK
FOR A WORLD WITHOUT TYPE 1 DIABETES T1D

Thank you for joining the JDRF One Walk. We want to share more about your team on our Arizona social media pages so we can get to know our teams better and show the power of our community united in the effort find a cure for type 1 diabetes.

Feel free to **share your answers here** *OR* use the questions to **record a short video** sharing your story. Email this form to **desertwest@jdrf.org**. If your video is too large to email, you can send text it to **702-275-2283** (*the JDRF cell of one of our staff members*). Be sure to also include a picture of your T1D or your walk team.

Sample answers are included below in italics.

Team Name: _____ **Name of T1D:** _____

Diagnosis Date: _____ **Age at diagnosis:** _____ **Current age:** _____

Why are you participating in the JDRF One Walk?

We are participating in the JDRF One Walk because we want our family to join all the other families in the community fighting with us against T1D. Raising money for diabetes research helps our family feel like we are fighting back against T1D.

What is the most important thing you have learned since being diagnosed with T1D?

Our family has learned that it is important to find a community of people to support us. We have found other families with T1D from our son's school and have "met" families from across the country on social media too.

What is something you would like to share about your family, your team, or your life with T1D?

Our walk team is our family. We (mom & dad) have connected our walk pages to Facebook and have already received donations from our friends just by doing that. We are so thankful that our friends and extended family are so eager to support us. We are new to living with T1D and new to participating in the walk, but we are excited to be part of this community.